

The Complete Baby & Toddler Packing List



For the Journey



Item	Quantity	Who	Checked
Car Seat			
Car window shade			
Light-weight push chair and push chair shade			
Blanket or scarf/shawl			
Baby sling/ carrier			
Book			
Sweets to stop ear popping on planes and some snacks			
Bottled water (ditch this before security)			
Bottled milk/ feeding options			
Earplugs			
Sleeping Mask			
Motion-sickness cures/ basic first aid such as paracetamol, plasters, Calpol etc.			
Umbrella (just in case!)			
Keys			
Glasses			
Sunglasses			
Sun hat/ sun cream for you and baby			
Changing Bag (such as a PacaPod) including wipes (essential!!) nappies, nappy sacks, changing mat, muslins			
Travel Cot (if required)			
New toys for the flight (balloons and bubbles are a very cheap and easy option!)			
A change of baby clothes and a change of top for you			
A plastic bag for numerous emergency uses			
Essential money and documents (see below)			

Money and Documents Travel documents including tickets and hotel reservations Hire car documents Maps and directions Tots Travel Pack including contact details of holiday destination owner Passports for all the family including a passport for baby A photocopy of your picture ID Emergency contact info Inoculation documents Address/phone book Medical insurance card (EHIC) Travel insurance Car insurance Wallet Cash (both Sterling and destination currency) Credit Cards/ Debit Card/ Travellers Cheques Passport and Visas Driving Licence (card and paper versions) and new DVLA code Itinerary

	Food		
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	Quantity	Who	Checked
Ready-made formula			
Formula powder/ breast pump			
Bottles/ teats			
Bottle warmer			
Bibs			
Jars and tubs of baby food/ food pouches			
Snacks e.g. raisins or fruit bars			
Any feeding equipment you might need for the journey (bibs, spoons, wipes, beakers)			
Picnic Bag for taking your own lunch to the beach			
Hand-held blender (EKG)			
Sterilising equipment (EKG)			
Child cutlery, bowls, cups and plates (EKG)			
	Technology		
	Quantity	Who	Checked
Phone/ tablet/ laptop/Kindle/ video recorder/ iPod/ camera (backed up and charged before you leave)			
Memory cards			
Batteries (if needed, these should be put in your suitcase not hand luggage)			
Chargers including a power monkey if you're worried about gadget charging enroute			
Headphones and headphone splitter in case of multiple youngsters			
Universal plug adapter			
GPS and charger (if you'll need it)			

	For Baby		
	Quantity	Who	Checked
Portable high chair			
Arm bands/ pool toys/ pool floats			
Dummies			
Toddler reins			
Beach towels if your hotel doesn't provide them			
UVA protection pop up tent, if you're worried about shade being scarce			
Plastic bags (make shift bin, for carrying wet clothes, emergency sick bag, the uses are endless)			
Cot and cot linen (EKG)			
Night light (handy for late night nappy changes) (EKG)			
Fixed high chair (EKG)			
Booster seat (EKG)			
Changing mat (EKG)			
Baby monitor (EKG)			
Black out blinds (EKG)			
Stair Gates (EKG)			
Potty (EKG)			
Child Step (EKG)			
Bath Toys and bath mat (EKG)			
Bed guard (EKG)			
Toys and books for your holiday (EKG)			
DVD player and children's DVDs (EKG)			

	Toiletries		
ltem	Quantity	Who	Checked
Lots of nappies, nappy rash cream, nappy bags, wipes, travel changing mat etc.			
Swim nappies			
Toothbrushes and toothpaste and dental floss			
Contact lenses equipment			
Deodorant			
Hand sanitiser			
Shampoo and Conditioner			
Sponge, baby wash, baby shampoo and lotion			
A universal travel bath plug, for turning basins into baby baths			
Shower Gel			
Hairbrush			
Cleanser/ moisturiser			
Shaving Cream/ razors			
Perfume			
Feminine hygiene products			
Makeup/ makeup remover			
Talcum powder for getting rid of sand at the beach			
Nail clippers/ nail file			
Tissues			
Sun cream (both adults and baby)			
After sun			
Insect repellent/ after bite for insect bites			
First aid kit including pain relief, Calpol etc.			
Plasters			
Medicines including prescriptions, Piriton, contraceptives, vitamins etc.			
Rehydration sachets			

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	Bags			
ltem	Quantity	Who	Checked	
Handbags				
Beach bags/day bags				
Changing bag				
Toddler rucksacks				
Multi-purpose bags (e.g. Trunkis)				
Clothes				
Item	Quantity	Who	Checked	
A shawl or scarf (can be used as a makeshift sun shelter, blanket, breastfeeding cover for the plane, sarong, need I go on?)				
Cool clothes for baby during the day				
Warm clothes for baby (think night time, chilly departure lounges etc.)				
Socks				
Blankets				
Sleep suits				
Sun hats				
Sunglasses				
Goggles				
Underwear				
Socks				
Other sleep wear				
Dressing gown				
Shirts/ Tops				
Jumpers				
Trousers				
Dresses				
Skirts/ shorts				
Jackets/coats				
Swimsuits/ sun suits				
Shoes (sandals, beach shoes, dress shoes, trainers etc.)				
Belts				
Watches/Jewellery				