

The Essential Baby & Toddler Packing List





ltem	Quantity	Ticked
Car Seat		
Light-weight push chair and push chair shade		
Bottled water (ditch this before security)		
Bottled milk/ feeding options		
Motion-sickness cures/ basic first aid such as paracetamol, plasters, Calpol etc.		
Keys		
Glasses		
Sunglasses		
Sun hat/ sun cream for you and baby		
Changing Bag (such as a PacaPod) including wipes (essential!!) nappies, nappy sacks, changing mat, muslins		
Essential money and documents (see below)		



Item	Quantity	
Travel documents including tickets and hotel reservations		
Hire car documents		
Maps and directions		
Tots Travel Pack including contact details of holiday destination owner		
Passports for all the family including a passport for baby		
A photocopy of your picture ID		
Emergency contact info		
Inoculation documents		
Medical insurance card (EHIC)		
Travel insurance		
Car insurance		
Wallet		
Cash (both Sterling and destination currency)		
Credit Cards/ Debit Card/ Travellers Cheques		
Passport and Visas		
Driving Licence (card and paper versions) and new DVLA code		
Itinerary		

	Food			
ltem	Quantity	Who	Ticked	_
Ready-made formula				
Formula powder/ breast pump				
Bottles/ teats				
Bottle warmer				
Bibs				
Jars and tubs of baby food/ food pouches				
Snacks e.g. raisins or fruit bars				
Any feeding equipment you might need for the journey (bibs, spoons, wipes, beakers)				
Hand-held blender (EKG)				
Sterilising equipment (EKG)				
Child cutlery, bowls, cups and plates (EKG)				
	Technology			
Item	Quantity	Who	Ticked	
Phone/ tablet/ laptop/Kindle/ video recorder/ iPod/ camera (backed up and charged before you leave)				
Chargers including a power monkey if you're worried about gadget charging enroute				
Universal plug adapter				
GPS and charger (if you'll need it)				
	For Baby	<u>&</u>		
ltem	Quantity	Who	Ticked	_
Portable high chair				
Arm bands/ pool toys/ pool floats				
Dummies				
Beach towels if your hotel doesn't provide them				
Cot and cot linen (EKG)				
Fixed high chair (EKG)				
Booster seat (EKG)				
Changing mat (EKG)				
Baby monitor (EKG)				
Black out blinds (EKG)				
Stair Gates (EKG)				
Potty (EKG)				
Bed guard (EKG)				

	Toiletries		
	Quantity	Who	
Lots of nappies, nappy rash cream, nappy bags, wipes, travel changing mat etc.			
Swim nappies			
Toothbrushes and toothpaste			
Deodorant			
Hand sanitiser			
Shampoo and Conditioner			
Sponge, baby wash, baby shampoo and lotion			
A universal travel bath plug, for turning basins into baby baths			
Shower Gel			
Hairbrush			
Shaving Cream/ razors			
Feminine hygiene products			
Makeup/ makeup remover			
Sun cream (both adults and baby)			
After sun			
Insect repellent/ after bite for insect bites			
First aid kit including pain relief, Calpol etc.			
Plasters			
Medicines including prescriptions, Piriton, contraceptives, vitamins etc.			

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	Bags =		
	Quantity		
Handbags			
Beach bags/day bags			
Changing bag			
Toddler rucksacks			
	Clothes		
	Quantity		
Cool clothes for baby during the day			
Warm clothes for baby (think night time, chilly departure lounges etc.)			
Socks			
Sleep suits			
Sun hats			
Sunglasses			
Goggles			
Underwear			
Socks			
Shirts/ Tops			
Trousers			
Dresses			
Skirts/ shorts			
Swimsuits/ sun suits			
Shoes (sandals, beach shoes, dress shoes, trainers etc.)			